

INDOOR CLIMBING CONFERENCE MAY 17-19, 2023 | PITTSBURGH, PA

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Executives | Managers/Directors | Owners | Routesetters

LEARNING OBJECTIVES

- PROVIDE CONCRETE TOOLS FOR BUILDING A GROUND-UP ROUTESETTING PROGRAM IN A
 BRAND NEW GYM WHILE DEVELOPING STRATEGIES TO PLAN FUTURE NEEDS OF THE
 DEPARTMENT AS IT EXPANDS
- INFRASTRUCTURE TRIAGE: HOW TO APPROACH CREATING POLICY, DOCUMENTATION, AND TRAINING
- EXPLORE THE COMPLEXITY OF CREATING AN INTEGRATED ROUTESETTING DEPARTMENT THAT SUPPORTS ALL ASPECTS OF A CLIMBING GYM ECOSYSTEM FROM OUTDOOR ENTHUSIASTS TO COMPETITIVE ATHLETES.



Have questions?
Submit them in
the Questions tool
on the CWA App!





GET TO KNOW THE PRESENTERS



JUSTIN WRIGHT

- Director of Routesetting15 years of climbing industry experience
- Developed SOP and Rescue plans for gyms across the country.



FOXMAN McCARTHY-JAMES

- Head Setter for Alta Climbing and Fitness
- Background in Education and Performance
- Instructed womxns routesetting clinics across the country.





WE BUILT VORTEX TO...

- TRACK INDUSTRY TRENDS
- ADVOCATE FOR PROFESSIONALISM
 AND STANDARDIZATION IN THE
 CLIMBING INDUSTRY
- HELP OWNERS BUILD AND RETAIN TOP LEVEL TEAMS

LINK TO OUR
ROUTESETTING DATA
PROJECT



Routesetting Industry Data Presentation, CWA Summit 2022



BUILDINGA ROUTESEIING PROGRAM



PART 1: Building from Scratch



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ROUTESETTING INFRASTRUCTURE TRIAGE

- WHAT IS YOUR ROLE?
- WHAT IS THE TIMELINE?
- DO YOU HAVE A TEAM?
- DO YOU HAVE HOLDS?
- DO YOU HAVE A HOLD ROOM?
- DO YOU HAVE TOOLS?
- DO YOU HAVE EQUIPMENT?
- DO YOU HAVE A PLAN?
- WHAT ARE YOUR PRIORITIES?





PRIORITIES

- .
- 2.
- 3.

GETTING EVERYONE ON THE SAME PAGE

DIFFERENT PARTIES WILL HAVE DIFFERENT PRIORITIES:

- OWNERS:
- GENERAL MANAGER:
- HEAD SETTER:
- HEAD COACH:
- PROGRAM MANAGER:

COMMUNICATION IS KEY!

- FIND AN APPROPRIATE CADENCE:
 - AT WHAT INTERVAL SHOULD YOU MEET, AND WHAT HAPPENS IF SOMETHING UNEXPECTED COMES UP?
- WORK OUT COMMUNICATION STYLES EARLY!



WHAT DO YOU NEED, WHEN DO YOU NEED IT?

WHAT DO YOU NEED IN ORDER TO OPEN YOUR DOORS TO THE PUBLIC?

- A ROUTESETTING TEAM
- OPENING SET
- HOLD ROOM // STORAGE
- A PLAN FOR ROUTE TURNOVER

WHAT WILL THE PUBLIC EXPECT IN THE FIRST 3 MONTHS? 6 MONTHS?

- GRAND OPENING
- EVENTS
- TURNOVER
- PROGRAMS

WHAT TOOLS, RESOURCES, AND INFRASTRUCTURES DO YOU NEED TO MEET THESE GOALS?



WHAT RESOURCES DO YOU ALREADY HAVE?



HOLDS // VOLUMES



HOLDS AND VOLUMES

- WHAT IS THE BUDGET?
- HOW MANY COLORS?
- WHAT COLORS DO I CHOOSE?
- JUGS AND FEET PERCENTAGES
- FIBERGLASS MACROS AND VOLUMES
- COORDINATING SHIPMENTS / DELIVERY
- WHERE DO YOU PUT THEM DURING CONSTRUCTION?





OPENING SET AND LOGISTICS

ORDERING HOLDS AND VOLUMES?

- NEED HELP? THERE ARE MANY CONSULTING COMPANIES THAT CAN ASSIST YOU
- MAKE SURE YOU ORDER ENOUGH FOR THE DENSITY YOU WANT
- PLUS PLENTY OF EXTRAS FOR BACKSTOCK!
- THINK ABOUT BANKING SOME OF THE BUDGET FOR LAST MINUTE ADJUSTMENTS
 ONCE YOU ARE OPEN

OPENING SET LOGISTICS:

WORKING AROUND CONSTRUCTION ZONES

- CONSTRUCTION TIMELINES CHANGE. BE FLEXIBLE
- SETTING OUT OF CARDBOARD BOXES
- CREATE A SYSTEM // PLAN OUT AS MUCH AS POSSIBLE
- STASH TWEAK HOLDS FOR FORERUNNING ONCE CONSTRUCTION ENDS







TOOLS FOR THE JOB

WHAT TOOLS DO ROUTESETTERS NEED TO DO THEIR DAY-TO-DAY WORK?

- SETTING KITS
- PPE AND RISK MITIGATION STRATEGIES
- ACCESS METHODS

PREPARE FOR THE UNEXPECTED

- HOME DEPOT TRIPS: DO YOU HAVE A TRUCK?
- WALL MAINTENANCE HICCUPS: METRIC BITS, ETC.

TOOL TRIAGE FOR A BUDGET: WHAT DO YOU NEED NOW, WHAT CAN YOU WAIT FOR?

- YOU NEED IMPACTS
- DO YOU NEED THAT ANGLE GRINDER TODAY?





IS YOUR GYM A ROPE GYM? ARE YOU PLANNING TO ADHERE TO CWA WAH STANDARDS?

• IF SO, CONSIDER GETTING YOUR TEAM CERTIFIED

WILL YOU HAVE A LIFT?

- THIS CAN MAKE A HUGE IMPACT IN REDUCING THE PHYSICAL LOAD OF THE ROUTESETTING TEAM AND HELP MAXIMIZE EFFICIENCY IN STEEP TERRAIN
- AERIAL LIFT CERTIFICATION AND TRAINING
- WHERE WILL YOU STORE THE LIFT WHEN IT'S NOT IN USE?

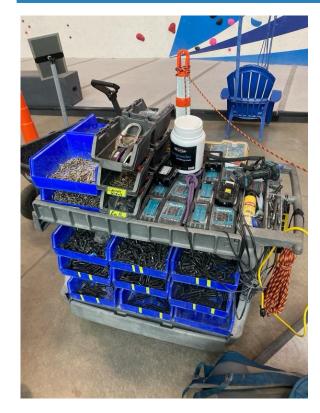


ROPE ROUTESETTING KITS

- EITHER WAY, YOU WILL STILL NEED EQUIPMENT
- THE CBJ HAS AN ARTICLE THAT OUTLINES ROPE SETTING ESSENTIALS IF YOU NEED A REFERENCE.



TOOLS FOR THE JOB









THE SPACE YOU HAVE, THE SPACE YOU NEED

HOLD STORAGE

- DON'T UNDERESTIMATE THE SPACE YOU'LL NEED!
- MAKE IT USER-FRIENDLY
- PLAN FOR LADDERS
- THINK ABOUT ERGONOMICS AND SMART LIFTING
- WHAT OTHER EQUIPMENT DO YOU NEED TO STORE?

HOW DO YOU DECIDE HOW TO SORT HOLDS?

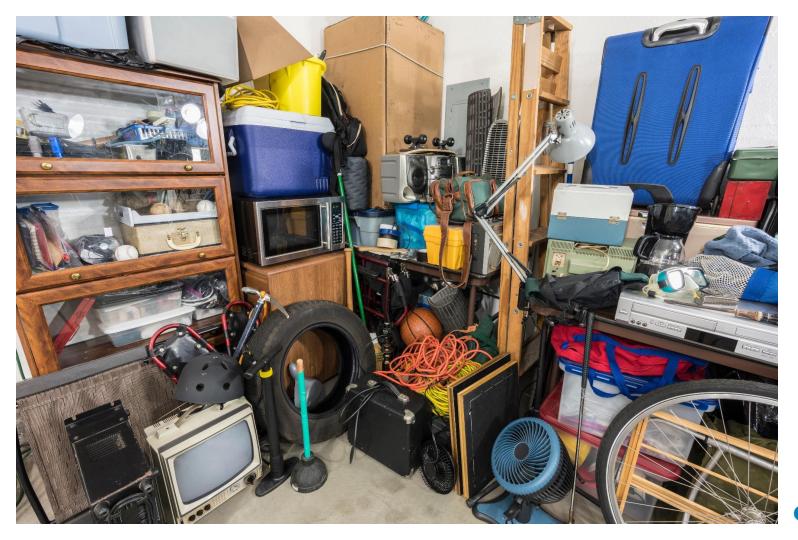
- EASE OF WORKFLOW SHOULD BE THE PRIORITY!
- WHAT WORKS WELL FOR YOU MIGHT NOT WORK
 WELL FOR YOUR TEAM. BE FLEXIBLE!





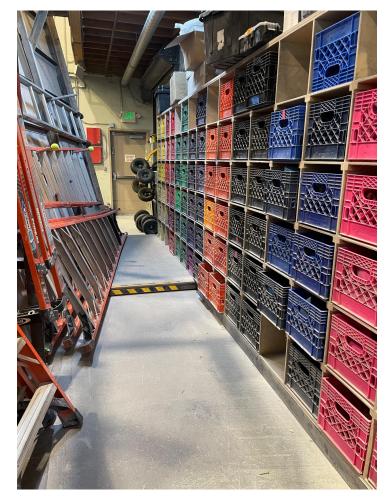
EFFICIENT HOLD ROOM = \$\$\$\$\$





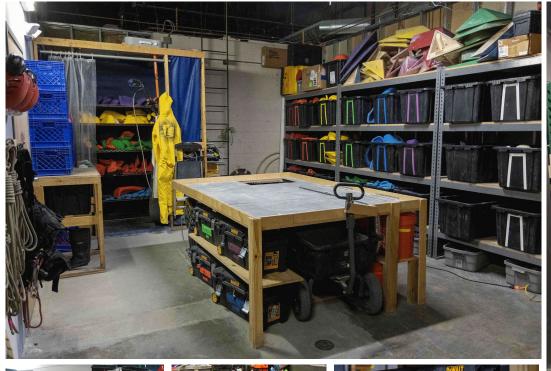


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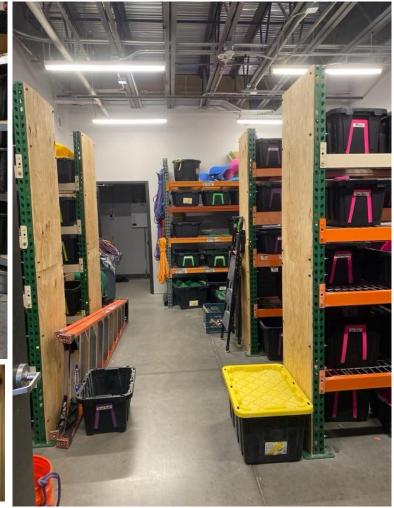








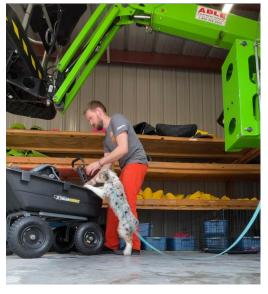












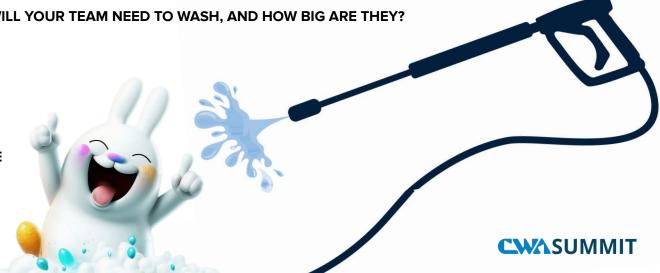
LESS GLAMOROUS SPACES

DESIGNING A HOLD WASHING PROTOCOL

- ARE YOU DESIGNING FROM SCRATCH. OR DO YOU NEED TO WORK WITHIN AN EXISTING SPACE?
- HOW ARE YOU PLANNING TO WASH THE HOLDS?
 - DISHWASHER
 - **POWERWASHER**
 - **SCRUBBING**
- WHAT VOLUME OF HOLDS WILL YOUR TEAM NEED TO WASH, AND HOW BIG ARE THEY?

ADDITIONAL FACTORS

- IS CLIMATE A FACTOR IN YOUR HOLD WASHING **DECISIONS?**
- **HOW FAR IS YOUR HOLD** WASHING SPACE FROM THE **SETTING FLOOR OR HOLD ROOM, AND HOW ARE YOU** TRANSPORTING HOLDS?







BUILDING A ROUTESETTING TEAM

FOSTERING A CULTURE THAT REFLECTS YOUR GYM'S VALUES...

- FINDING ROUTESETTERS WHO ALIGN WITH THE GYMS GOALS AND CORE VALUES
- BUILDING A TEAM THAT WORKS WELL TOGETHER OPTIMIZES EFFICIENCY, RETENTION, AND PRODUCT QUALITY

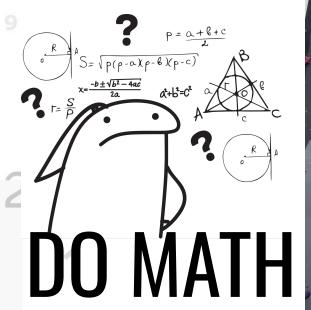
...WHILE FUNCTIONING WITHIN LOGISTICAL CONSTRICTIONS

- VOLUME AND TURNOVER ARE DIRECTLY RELATED TO THE SIZE AND TALENT OF THE ROUTESETTING TEAM
- WHAT SIZE TEAM DOES YOUR GYM NEED TO ACHIEVE TARGET DENSITY AND TURNOVER? WHAT SIZE TEAM CAN YOUR GYM SUSTAIN?



HOW MANY PEOPLE DO YOU NEED?

- WHAT IS YOUR TARGET TURNOVER?
- WHAT IS YOUR TARGET DENSITY?
- HOW MANY DAYS A WEEK WILL YOUR TEAM BE SETTING?





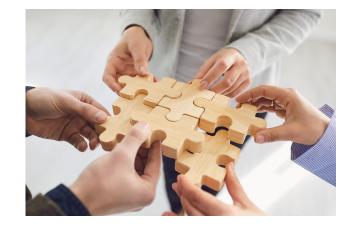
INTERVIEW TO FIND THE RIGHT PEOPLE

CREATE AN INTERVIEW PROCESS THAT TESTS MORE THAN STRENGTH

- DESIGN QUESTIONS THAT CHALLENGE:
 - o COMMUNICATION,
 - PROBLEM SOLVING,
 - AND EMPATHY
- ASK CANDIDATES ABOUT THEIR VALUES

WORKING INTERVIEWS AND TEAM DEBRIEFS

- SEE HOW A CANDIDATE WORKS WITH YOUR TEAM
- AFTER ANY WORKING INTERVIEW, DEBRIEF WITH THE TEAM TO HEAR THEIR OPINION.
- DON'T RUSH INTO HIRING A CANDIDATE WHO ISN'T A GOOD FIT FOR THE TEAM





DOCUMENTATION AND INFRASTRUCTURE

INFRASTRUCTURE FOR EASE OF WORKFLOW

- DISTRIBUTION: HOW ARE YOU TRACKING WHAT YOU HAVE AND WHAT YOU NEED?
- DAILY WORKFLOW:
 - WHITEBOARD?
 - O EMAILED ASSIGNMENTS?
 - O 3RD PARTY ROUTESETTING APP?

INFRASTRUCTURE FOR LIABILITY

- DO YOU HAVE AUTOBELAYS THAT NEED TO BE INSPECTED?
- ROPES OR PADS THAT NEED MAINTENANCE?
- ARE YOUR ROUTESETTING WORKPLACE RISK MANAGEMENT PROTOCOLS ESTABLISHED?

INFRASTRUCTURE FOR STAFF TRAINING

- GET A BASIC PLAN UP AND RUNNING
- EXPAND UPON IT WHEN THERE'S TIME





Planning Checklist for a Head Setter Far from being a comprehensive list of everything you will need to think of and do, this checklist is designed to be a tool to help you prioritize and ask the right questions as you build out a Rope Setting: setting department within a new gym. Some of these items might not apply to your particular Opening Hold Order and Set Does your gyn situation, and some might already be covered by other departments. Rather than using this as a planning proce Have holds and volume step-by-step "how to," we recommend you use these checklists as prompts for figuring out Wall Associatio companies are months If you need help where you need to start. There's a lot to think about, and we hope this helps. ☐ If you a opening hold o routese ☐ Budget. Deper Will you want to offer, o -Vortex Routesetting Think about h routeset DF options and d ☐ Make sure yo Priorities and Vision DH This is a conversation with gym ownership and management that should be happening regularly ☐ Take stock c Hardware: Bolts an throughout the opening and buildout process. Different roles are likely to bring different priorities ☐ Rope Se fully-threaded bolts to the table, and you will want to make sure that you are acting in alignment with the owner's to work o Do you have a tea vision for their new gym. Here are some questions to start the conversation: essential much like for a col Work at I · What is your timeline? Tools: Routesetting Kit • Who will this gym be for? Who makes up the climbing community in your area? Hold Room / Se ☐ Impacts: Oil Drive What style of routesetting aligns with the owner's vision? (This impacts hold orders. Make it bigger th routesetting team All the Bits density, turnover, and team) Spinners, Wall n built-in washing s We recommend checking in regularly with the rest of management, as priorities can change ☐ Vice grif ☐ Organizat ☐ Angle G over time. Setting up a regular schedule of meetings as well as a plan on how best to address ☐ Ho ☐ Breaker hiccups as they arise can help set you up for a smoother path to opening. T-Nut b ☐ Le ☐ Ma Basic Tools: Y ☐ Hamm ПСо Space - Big Questions ☐ Crowt If the answer to any of these is "No," you have bigger things to deal with before you order □ cresc ☐ Hold Wash □ Pov ☐ Hold Washin ☐ Moving Hold ☐ Dirt X Are the walls designed/built? ☐ Bolt Organi; □ Car efficiency. T ☐ Is there a designated hold room? ☐ PPE ☐ Ladders: P ☐ Is there space to wash holds? Think waterproofing and drainage using ladde Signage □ La ☐ Workzone b □ Sh ☐ Grade Tags □ PPE: Eye ☐ Tape! Even Climbing is Boulder hei

☐ Gym guideli

BUILDING A ROUTESETTING PROGRAM FROM SCRATCH

Building from Scratch

A COMPREHENSIVE CHECKLIST FOR HEAD ROUTESETTERS TASKED WITH DEVELOPING A NEW PROGRAM





QUESTIONS?

PART 2: EXPANDING BEYOND

EXPANDING THE OPERATION



HOW IS EXPANSION DIFFERENT THAN BUILDING FROM SCRATCH?

- YOUR EXISTING GYM(S) ARE UP AND RUNNING
- YOU ARE NO LONGER IN TRIAGE MODE
- THE GYM HAS MORE MONEY COMING IN
- YOU HAVE THE ABILITY TO DELEGATE
- ...AND BREATH.

WHAT NOW?

BUILD UPON THE FOUNDATION

HIRING: MORE GYMS MEANS MORE PEOPLE

- STANDARDIZING HIRING PROTOCOLS
- DEVELOPING COMMITTEES

TRAINING: GET EVERYONE ON THE SAME PAGE

- STANDARDIZING SYSTEMS
- CREATING CONSISTENCY
- BUILDING TEMPLATES
- DOCUMENTATION

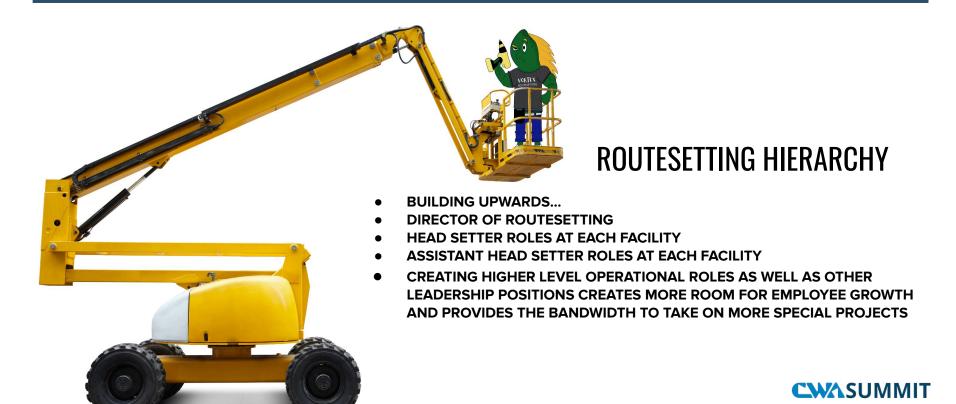
BUDGETS: PLANNING FOR THE FUTURE

- HOLDS AND VOLUMES
 - EXPANSION
 - ANNUAL
- EVENTS AND COMPETITIONS
- PROFESSIONAL DEVELOPMENT





CREATE MORE ROUTESETTING LEADERSHIP



ELEVATING THE ROUTESETTING PROGRAM

EDUCATION

- ROUTESETTING CHALLENGES
- FULL-BLOWN CLINICS

SUSTAINABILITY

- WELLNESS PROGRAMS
- INJURY PREVENTION
- ADDRESS CUMULATIVE FATIGUE

PROFESSIONAL DEVELOPMENT

- PROVIDE GROWTH OPPORTUNITIES
- COMBAT ROUTESETTER BURNOUT WITH CREATIVITY INJECTIONS
- PROVIDE CONTINUING EDUCATION THAT ELEVATES
 THE VALUE OF THE ROUTESETTING TEAM





INTEGRATING DEPARTMENTAL NEEDS



Youth Programs: Afterschool Junior Programs Summer Camps **Day Pass Visitors: Birthday Parties** Small First Time Climbers 5.14 Person Member Guest Passes Climbs Adventure Practice Climbing **USAC Teams:** 5.9 with Technique easy Recreational Team Stations clipping **Adult Programs:** Competitive Team stances Lead Classes Technique Classes No-Frills Members: **Daily Visitors** Highly Training Specialized Climbs Events: Citizens Competitions Adaptive // Gym Celebrations Paraclimbing: Regular Corporate Events Turnover Holidays Fox's Mom Disrupts TR Only **Facility Specific Routesetting**

COORDINATING DEPARTMENTAL NEEDS

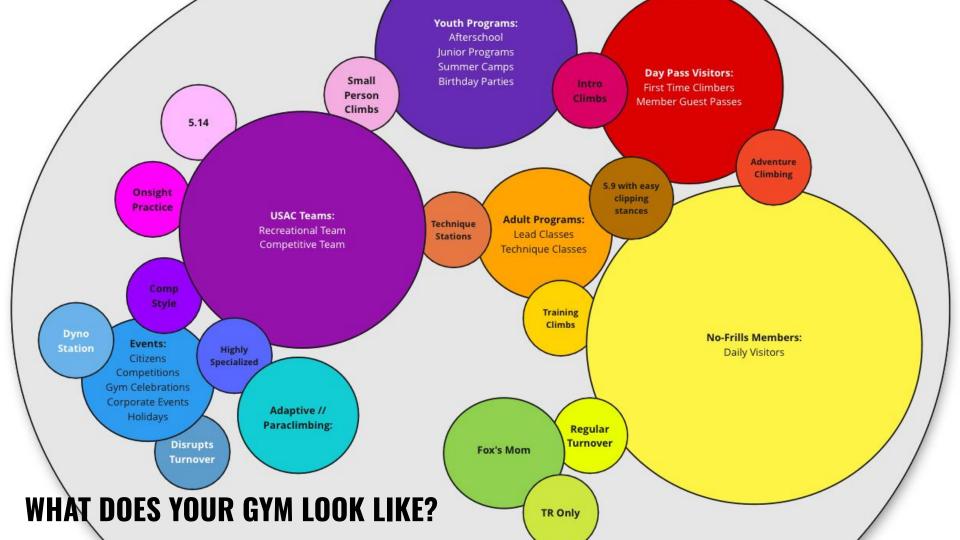
- MANY GYM OFFERINGS
 PRESENT AN ASK OF THE
 ROUTESETTING
 DEPARTMENT
- THE ROUTESETTTING NEEDS OF AN AFTERSCHOOL PROGRAM ARE DRASTICALLY DIFFERENT THAN THOSE OF THE COMPETITIVE TEAM OR A MEMBER BOULDERING LEAGUE.

HOW DO WE PRIORITIZE?

Youth Programs: Afterschool **Junior Programs** Summer Camps **Day Pass Visitors:** Small Birthday Parties First Time Climbers Person Member Guest Passes Climbs 5.14 Adventure Climbing 5.9 with easy clipping Practice stances **USAC Teams:** Adult Programs: Technique Recreational Team Lead Classes Stations Competitive Team Technique Classes Training Climbs No-Frills Members: Events: Highly **Daily Visitors** Specialized Corporate Events Adaptive // Paraclimbing: Regular Disrupts Turnover Fox's Mom TR Only **Facility Specific Routesetting**

HOW DO WE PRIORITIZE?

- ARE THERE ROUTESETTING ASKS THAT SATISFY MULTIPLE DEPARTMENTAL OR PROGRAMMATIC NEEDS?
- HOW MANY CUSTOMERS WILL BE IMPACTED BY EACH ASK?
- WHICH DEPARTMENTAL ASKS ARE IN DIRECT CONFLICT WITH EACH OTHER? HOW CAN YOU BALANCE THOSE CONFLICTING NEEDS?
- WHICH ASKS HAVE A DIRECT RELATION ON REVENUE STREAMS?
- WHICH ASKS ARE TEMPORARY, AND WHAT IS THEIR IMPACT ON TURNOVER AND WORKFLOW?



Risk Mitigation

UNIFYING INFRASTRUCTURE AND DOCUMENTATION

WORK AT HEIGHT POLICY

- CLEARLY OUTLINE PROCEDURE AND PROTOCOLS FOR WORKING AT HEIGHT
- DOCUMENTING EMPLOYEES ACKNOWLEDGEMENT

INSPECTION AND DOCUMENTATION

- PPE INSPECTIONS
- AUTOBELAY INSPECTIONS
- TOP ROPE, ANCHOR, AND QUICKDRAW INSPECTIONS

RESCUE PROTOCOLS

- ROUTESETTER RESCUE
- CUSTOMER RESCUE?





Planning Checklist for a Head Setter As your gym begins to expand, you're going to need to develop organizational infrastructure, Protect yours both as a means of standardizing practices as well as mitigating risk and protecting your might not be r company from liability. While this is far from a comprehensive list of everything you'll need to ☐ Is your pay structure to check in wit think about, we hope it can be a resource for you as you get started. ☐ Job Posting: Internal, extern Work at Heig Interview Protocols This applies to ☐ How many rounds -Vortex Routesetting defined Work-Do you need a hirir protect the gyn ☐ Standard interview standards. hiring for. ☐ Working interview Definition **Policy Creation** ☐ Apply you ☐ PPE Re Each organization approaches policy creation differently, and there are likely going to be ☐ Wall Ma Offer Letter template different opinions on the best way it should be done. Depending on the command structure of your organization, there might be a lot of voices in the room when discussing policy changes, or ☐ Onboarding OF ☐ Paperwork and policies might be communicated once they've already been decided. Understanding how your DV organization approaches policy development will directly impact how infrastructure is rolled out. ☐ Orientation ☐ General Here are some questions to help get the conversation started: Swim, ☐ Welcon What policy and infrastructure development are you responsible for? to expe Routeset What are the priorities? Are you starting from scratch or expanding upon existing. ☐ Gym a material? Which other stakeholders do you need to consult on these topics? DE • On what timeline does your organization plan to roll out each piece of infrastructure? ☐ Behind th Goals and Ex D De ☐ Training We recommend gaining a clear understanding of how your ownership team wants to prioritize T A developing and implementing infrastructure before dedicating hours of your life to authoring it. At-Height Having a perspective of your ownership team's priorities will inform which of these tasks you ☐ Aerial Lift should tackle first. ☐ Acknowle ☐ Faci Rescue Protoco □ Beh While we all hope ☐ Res Hiring and Training all staff are trained ☐ Evaluations X Roles and responsibilities scenarios that mig ☐ Standardi ☐ How is your routesetting department structured? Do you have tiers based on protocols that bes O W experience and skill? D W ☐ Are there clear opportunities for growth and development? A transparent ☐ Customer How ofte hierarchy of employment levels can help with retention and motivate growth and ☐ Aut ☐ Are revie performance. ☐ Pic ☐ Bela Routesette ☐ JAG ☐ Pick

INFRASTRUCTURE TRIAGE:
DEVELOPING POLICY, DOCUMENTATION, AND TRAINING

INFRASTRUCTURE TRIAGE

A COMPREHENSIVE CHECKLIST FOR HEAD ROUTESETTERS TASKED WITH DEVELOPING POLICY, DOCUMENTATION, AND TRAINING

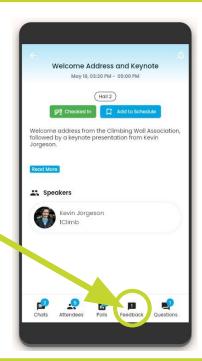




QUESTIONS?

POWERED BY: VORTEX ROUTESETTING & CONSULTING

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Stay In Touch!



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